



1-23-2014

## The Pacifican January 23, 2014

University of the Pacific

Follow this and additional works at: <https://scholarlycommons.pacific.edu/pacifican>

---

### Recommended Citation

University of the Pacific, "The Pacifican January 23, 2014" (2014). *The Pacifican*. 27.  
<https://scholarlycommons.pacific.edu/pacifican/27>

This Newsletter is brought to you for free and open access by the University of the Pacific Publications at Scholarly Commons. It has been accepted for inclusion in The Pacifican by an authorized administrator of Scholarly Commons. For more information, please contact [mgibney@pacific.edu](mailto:mgibney@pacific.edu).



# THE PACIFICAN

UNIVERSITY OF THE PACIFIC'S NEWSPAPER SINCE 1908

THE PACIFICAN ONLINE.COM

VOLUME 105, ISSUE 17

CHECK US OUT ON SOCIAL MEDIA:



/ThePacifcan



@ThePacifcan



ThePacifcan

THURSDAY, JANUARY 23, 2014

*"Enough is enough"*

**Nicole Felkins**  
COPY EDITOR

A number of speakers from various fields will convene at Pacific for the Human Trafficking Symposium that will commence on Tuesday, Jan. 28 from 1 to 5 p.m. in the DeRosa University Center Ballroom A.

This event is sponsored by University of the Pacific and the San Joaquin County District Attorney's Office.

Speakers will engage in a panel discussion as well as individual presentations that focus on human trafficking in San Joaquin County and California as a whole. Particular attention will be paid to the health and safety of women.

The speakers come from a variety of professions. Mandy Johnson is a human trafficking analyst from the State Threat Assessment Center.

Michael Mulvihill and Tori Verber are San Joaquin County deputy district attorneys. Debbie Daniels is a deputy probation officer at the San Joaquin County Juvenile Probation. Debbie Johnson is the founder of the non-profit organization Without Permission Inc. Jennifer Jones is the shelter director

of Women's Center Youth and Family Services.

From 1 to 3 p.m., human trafficking in California will be discussed. Human trafficking in San Joaquin County will be held between 3:15 and 4:15 p.m.

The panel discussion will be at 4:20-4:50 p.m. The remaining ten minutes of this day-long event will discuss the goals for the future.

Pacific isn't new to topics in this area. For the past four years, the university has been involved in the National Association of Student Personnel Administrator's "Enough is Enough" anti-violence campaign.

The "Enough is Enough" campaign tackles rising violence on school campuses. According to Pacific's website, the university is actually the campaign's first "model school" because of their strong violence-prevention efforts and community collaborations.

The campaign was created in response to the 2007 Virginia Tech Shooting, and it is designed to establish a new standard for peace and safety in the United States.

The Human Trafficking Symposium is free and open to the public.

## Pacific-led collaboration recognized with award



A child participates in the program by reading to other children.

**Nanxi Tang**  
NEWS EDITOR

On Jan. 15, a University of the Pacific-led collaboration was recognized as a recipient of one of the 37 Community Pacesetter awards granted to organizations for the year of 2013; the Community Pacesetter award is awarded annually by the nation-wide Campaign for Grade-Level Reading.

Pacific's president, Pamela A. Eibeck, acknowledged, "To receive national recognition for this community-based effort is deeply encouraging. We know our goals are ambitious, and working in collaboration with our local partners, we are on the path toward achieving them."

The Campaign for Grade-Level Reading was launched in May 2010 and unites more than 50 community partners, such as school districts, the public library, businesses, elected officials, and faith-based groups in Stockton and throughout San Joaquin County.

The campaign focuses on and aims at improving reading proficiency for children by the end of third

grade, which has been shown to be a key predictor for high school graduation.

More than 80 percent of low-income children do not meet the expected reading proficiency by the end of third grade.

"We're helping children learn today so that they can be effective citizens tomorrow," Eibeck told the media.

"Tackling such a deep-rooted issue will require a collaborative approach. If a young person is not able to read by the third grade, their future and the future of our community are at risk," explained Eibeck.

According to Pacific's second annual San Joaquin County literacy report card released in Sept. 2012, only 34 percent of the region's third graders test at the proficient level on standardized language-arts tests.

Library book-borrowing, another indicator of community literacy, has been stuck at less than half the statewide average.

The report card was

launched in 2011 as a part of the Beyond Our Gates Reading by Third initiative.

"Clearly, much work remains, but we are beginning to see encouraging developments," commented Eibeck to the media.

According to the campaign's website, their goal is the following: "by 2020, a dozen states or more will increase by at least 100 percent the number of children from low-income families reading proficiently at the end of third grade."

The campaign is a collaborative effort among funders, community organizations, states, national and local civic leaders, advocates and policymakers to improve the outlook for children from low-income families in order to help them succeed in school and prepare them for graduation.

The campaign focuses on community-based solutions, improving the quality of teaching, and creating strong systems of early education.

The award recognizes the efforts made to improve the reading proficiency for third-graders across San Joaquin County, specifically through the Beyond Our Gates Reading by Third program.

In 2010, Eibeck hosted a series of public forums to discuss the most urgent problems facing the

BEYOND OUR GATES  
CONTINUED ON PAGE 4



Without Permission Inc.

Debbie Johnson is the founder of Without Permission Inc.

### Inside This Issue

Staff Information | 5  
Tiger Growls | 6  
Event Calander | 9  
Sudoku Challenge | 12  
Sports Calendar | 15



# CCI Volunteer Opportunity



Pacific Media Relations  
A volunteer with a child during Saturday PIE.

**Andrea Chatter**  
STAFF WRITER

The Center for Community Involvement (CCI) is excited to announce an upcoming campus-wide volunteer opportunity this weekend.

On Thursday, Feb. 20 through Sunday, Feb. 23, the CCI invites you to take part in Pacific Action Weekend of Service (P.A.W.S.)!

Be apart of this action-packed weekend by participating in volunteer opportunities, such as Voluntary Action Groups, Saturday PIE, We Claim the Bike Path, and an LGBTQIA conference.

For more information, please contact the CCI at cci@pacific.edu or check out Reach Out Online at [www.pacific.edu/reachout](http://www.pacific.edu/reachout).

## Dangerous outbreak of H1N1 virus

**Nanxi Tang**  
NEWS EDITOR

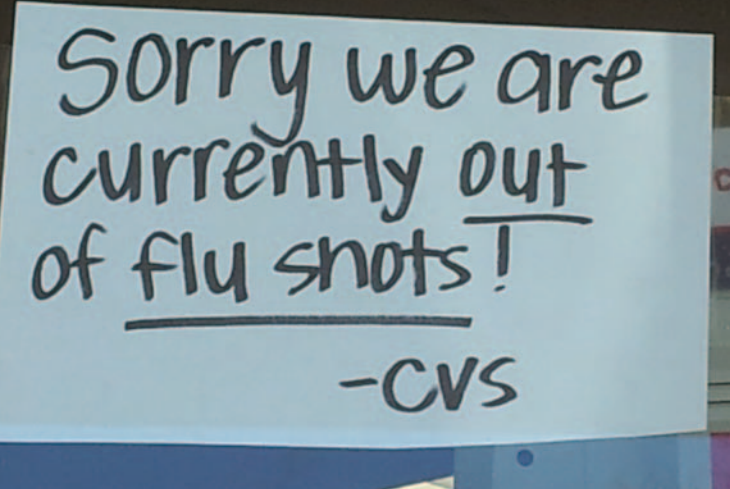
Every year as the months get colder, the flu season starts to hit and people start getting sick; this year, the predominant strain is the H1N1 virus.

The H1N1 virus, a subtype of influenza A, also called swine flu, first emerged in 2009 from people who contracted it from direct contact with pigs.

Symptoms of the flu include fever, runny nose, body aches, sore throat, cough, headache, chills, fatigue, vomiting, nausea and diarrhea.

The virus has been classified as a pandemic, and it is widespread in at least 40 states.

Some of these states include California, Alaska, New York, Texas, Delaware, Michigan, South Dakota and Rhode Island. The outbreak has sparked fear throughout the population. According to



The sign posted in a CVS on March Lane.

Nanxi Tang

the San Jose Mercury News, there have been at least 13 reported deaths from the H1N1 virus.

According to the Center for Disease Control and Prevention (CDC), there have been 10 pediatric deaths related to the flu - bringing the total for the season up to 20 children.

Since Oct. 1, 2013, approximately 433,320

hospitalizations have been a result of the flu.

"The virus is the same virus we saw during the deadly pandemic in 2009, and it's in circulation here now," explained San Joaquin County Public Health Services Dr. Karen Furst to

**H1N1 VIRUS**  
CONTINUED ON PAGE 3

# Lincoln Center

Only 2.5 miles North of UOP

Over 90 shops, restaurants & services in an open-air atmosphere with storefront parking

## Pacific Student Specials

**Bliss Bridal Salon:** Free two-tier fingertip veil with wedding gown purchase for all Pacific brides

**Cold Stone Creamery:** \$3 off any signature cake or pie  
Two "like it" size create-your-own ice cream for \$6

**Kym With a Y Organic Spa & Waxing Studio:** 10% off all services

**Play It Again Sports:** 10% off any team sports products  
20% off any ski and snowboard package

**Remedy:** \$5 off a purchase of \$50 or more

**REVO Casual Apparel:** 15% off

**Salon Genesi:** 15% off with participating stylists\*

**Stage Two:** 10% off

**Sylvan Learning Center:** 10% off for students and their families

**Zuesters:** 10% off

Offers good for Pacific students with valid student ID  
\*Offer also good for faculty with valid Pacific ID

Look for the \$10 gift card  
in your student planner!



PERSONAL SERVICE IS  
*Always* IN STYLE

STOCKTON'S PREMIERE SHOPPING & DINING  
AT PACIFIC AVE. & BENJAMIN HOLT DR.  
[WWW.LINCOLNCENTERSHOPS.COM](http://WWW.LINCOLNCENTERSHOPS.COM)



#lincolncentershops



# Changes to the Baun Fitness Center



One of the racquetball courts was converted into a room for spin classes.

**Jamil Burns**  
OPINION EDITOR

As the new year kicks in, many are making the extra effort to keep up their resolutions, such as eating healthy and going to the gym. Fortunately, recent renovations in the Baun Fitness Center have made it easier for students to do so. To start, what was once known as the Wood Room is now rebranded the Stripe Studio, which is the primary home of group exercises. Just outside of that is the cardio area, which houses a variety of machines; for

example, treadmills, cardio trainers, recumbent bikes, incline trainers, tread climbers, steppers and stair mills. In an effort to make students' experiences more comfortable, Pacific chose machines with personal fans, televisions, iFit, phone chargers, e-spinners and even an option to set the stair climber equal to the number of stairs of different famous monuments around the world, like Paris' Eiffel Tower. The room most gym-goers know as the Rubber Room is now called the Roar Room.

It used to be an informal fitness space of sorts with bikes in the back, but a demand for use of the room while spin classes were being held led to the decision of moving the bikes. The room was converted into a functional fitness and cross-training room with two squat racks, a box master and a 20-foot truss system equipped with a heavy bag, climbing rope, TRX suspension trainers and a battle rope. The room hosts TRX classes, boot camp classes and holds a throw zone for medicine balls. In the weights area, the squats rack was relocated to allow for more space and free movement. Beyond that, one of the two racquetball courts was transformed into a state-of-the-art cycle studio and bike shop. The ceiling was lowered from 20 feet to 12 feet, the HVAC was redone, new lighting was installed that include dimmable lights and black lights, a new sound system complete with acoustical tiles was built, and a full-length road mural was put up. Finally, in the front area of Baun is the Wellness Wing, where students can get information on the different areas of wellness. In addition, various events, such as cooking demonstrations, are held here.



The Roar Room now contains new cross-training and fitness equipment.

## Public Safety



Weekly Report  
Jan. 12 - Jan. 18

### Auto Burglary

Off Campus 01.12.14  
A victim reported that someone entered his vehicle while he was parked in the 1000 block of W Mariposa and took several auxiliary cables and sunglasses. A report was filed.

### Theft

Off Campus 01.13.14  
A victim reported that someone removed her parking permit from her vehicle while it was being serviced at the Pacific Car Wash.

### Report

Finance Department 01.13.14  
Pacific staff reported someone who was making harassing phone calls to employees within the department.

### Vandalism

Physical Plant 01.13.14  
A victim reported that someone cut a hole into the convertible top of the owner's Chrysler Sebring.

### Alcohol Transport

Southwest Hall 01.14.14  
Officers were waved down by residents regarding the health of another resident. Officers made contact with the subject and determined he was under the influence of alcohol and needed medical assistance. The subject was transported to the county hospital.

### Suspicious Incident

Pharmacy 01.14.14  
Security found the handle to a door was damaged, which may have been caused by someone pulling on it too hard.

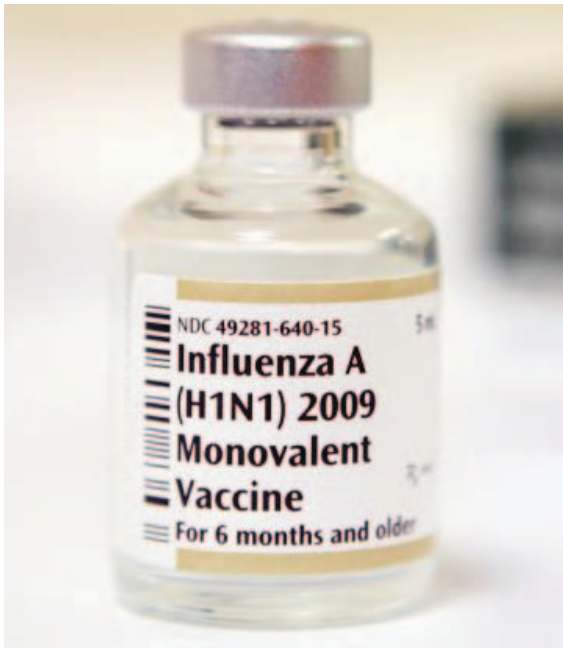
### Fraud

Finance Department 01.16.14  
A staff member reported receiving a counterfeit five dollar bill.

### Casualty

DeRosa University Center 01.18.14  
A subject reported that he fell down while he was walking down the steps to the front of the center. The subject refused medical aid and had his son transport him to the hospital for treatment.

# Resurgence of H1N1 epidemic



Truth Frequency Radio  
It's not too late to get vaccinated.

H1N1 VIRUS  
CONTINUED FROM PAGE 2

KCRA Sacramento. This strain is not only detrimental and dangerous to the elderly, infants, or those with pre-existing medical conditions, but healthy, young adults are also contracting the virus and becoming extremely ill. Although most people will experience mild symptoms, there is still a chance of hospitalization or death. According to the CDC, it's still not too late to get a flu shot. California health officials have warned the public and urged people to get vaccinated. On Jan. 10, several Bay Area hospitals and pharmacies, such

as CVS and Walgreens, reported temporary vaccine shortages. The high demand resulted in a depleted supply that took about 48 hours to replenish. Because the H1N1 strain is a virus, there is essentially no cure. The best solution is to get a yearly flu vaccination. This vaccination is especially important for pregnant woman, the elderly, people with underlying medical conditions and anyone who spends time with infants. "The bottom line is it's not too late to get vaccinated. It takes about two weeks to get immunity," explained Furst. Preventative measures should also be employed, such as covering coughs and sneezes, washing hands often and staying home when you're sick.



# Beyond Our Gates Reading by Third program wins 2013 Community Pacesetter



Discussion about the creation of a video for the Read to Me project.

Pacific Media Relations

## BEYOND OUR GATES CONTINUED FROM PAGE 1

community and to brainstorm possible solutions.

As a result, education was recognized as a pressing challenge and a promising way to improve the social and economic health of the community.

The Beyond Our Gates Reading by Third coalition was launched in 2012. The Stockton community, led by Pacific, was accepted as a charter member of the campaign.

Stockton is the only place out of a total of 124 communities within the campaign that is being led by

a college or university.

The Community Pacesetter award honors communities for their energy, mobilization and creativity in tackling the issues to ensure that more children are able to read proficiently by the end of third grade.

The Beyond Our Gates initiative teamed up with

community partners to help children succeed from their beginning in kindergarten by keeping up school attendance and continuing to read and learn throughout the summer months.

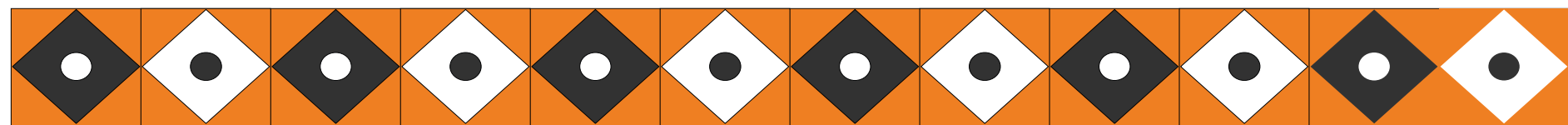
"As a community, we should be proud to see so many dedicated individuals and organizations rallying behind early literacy, an issue that is critical to the successful futures of our young people - and to our region as a whole," remarked President Eibeck.

According to Steve Lowder, superintendent of the Stockton Unified School District, a Beyond Our Gates partner, "Schools cannot do it alone. It takes a community, and we are proud to be part of a community where so many citizens are willing to work alongside us to improve literacy and education."

Some other partners of the Beyond Our Gates

program include the Family Literacy Program, which hosts workshops to teach parents the importance of reading and how to read with their children, the Every Day Counts Attendance Challenge, an incentive-based campaign to reduce truancy, and Read to Me Stockton, a program that delivers a free book to participating children in lower-income neighborhoods every month.

"We are impressed and inspired by what Stockton-San Joaquin County has accomplished so far. With its commitment, resourcefulness and collaborative spirit, Beyond Our Gates truly is setting the pace and providing a model for communities across the nation who are seeking to give more children from low-income families a chance at a brighter future," commended Ralph Smith, the managing director of the campaign.



# WANTED!

Students, Staff and Faculty to serve as  
**Student Conduct Hearing  
Board Members**

**To sign-up for one of the trainings or for more information, contact the Office of Student Conduct at (209) 946-2177 or [judicialaffairs@pacific.edu](mailto:judicialaffairs@pacific.edu).**

OPINION

Start strong this spring semester

Caitlin Proctor  
CONTENT EDITOR

Now that the new semester has started, you're either off to a great start with your study habits, or you have realized you're not very prepared. Either way, incorporating the following tips in your life will help you make this semester academically strong:

-Find your happy place. Get comfortable. Use the restroom before you sit down, grab a water bottle and a small snack, and settle in for a productive couple of hours. Don't study in bed: You'll either be tempted to sleep or have trouble falling asleep at night. As comfortable as it is, your bed is not the right place to study. Find a comfortable chair that lets you sit with your back upright and your feet flat on the ground. Remove as many physical distractions as possible. Some ideal places to study are quiet dorm rooms,

empty classrooms, the library or a secluded corner of the bookstore. Find a place with few distractions where you are at ease.

-Manage your time. Devote a certain amount of time every day to each class, regardless of whether or not you attended that class that day or have homework. Try to work far enough in advance that it doesn't come to the hour before a class and you realize you have failed to read the assigned chapter. If that does happen, don't stress; open your book and scan for all headings, bolded type and italics. Look at the pictures and their captions. Go to class, listen to the lecture, and then read the chapter in full as soon as you can.

-Keep a planner. Take it out at the end of every class,

STUDY HABITS  
CONTINUED ON PAGE 6

THE PACIFICAN



**ADVISOR** Prof. Dave Frederickson

**EDITOR-IN-CHIEF** Ruben Dominguez

**PUBLISHER** Jamieson Cox

**NEWS EDITOR** Nanxi Tang

**CREATIVE DIRECTOR** Micaela Todd

**OPINION EDITOR** Jamil Burns

**CIRCULATION DIRECTOR** Tasha Jackson

**LIFESTYLES EDITOR** Jenna Graves

**DIRECTOR OF STRATEGIC PARTNERSHIP** Jordan Tang

**SPORTS EDITOR** Drew Jones

**CAMPUS DIRECTOR** Sodar Soth

**LAYOUT EDITOR** VACANT

**HEALTH AND BEAUTY DIRECTOR** Stefanie Pierce

**COPY EDITOR** Nicole Felkins

**WEBSITE ADMINISTRATOR** Jose Ayala

**CONTENT EDITOR** Caitlin Proctor

**SOCIAL MEDIA COORDINATOR** VACANT

**STAFF WRITERS**  
Andrea Chattler, Crystal Gu, Elizabeth Harman, Connor Mix, Ivy Phelps, Danielle Procope, Alex Rooney, Danica Torchin and Caitlin Trepp

**Interested in advertising?**  
Contact pacificanads@pacific.edu

All advertising submissions must be in each Monday by 5 p.m. unless otherwise negotiated.

**PHONE**  
Main: (209) 946-2155  
Ad: (209) 946-2193

**FAX**  
(209) 946-2195

**MAILING ADDRESS**  
The Pacifcan  
3601 Pacific Avenue  
Stockton, CA 95211

**EMAIL**  
pacificaneditors@pacific.edu

**OFFICE**  
Smith Lounge  
Grace Covell Hall

**MEETINGS**  
Noon every Thursday  
in the Smith Lounge

**Editorial policy**  
Editorial comments reflect the views and opinions of the majority of The Pacifcan editorial board, unless personally signed. The views of The Pacifcan are not reflected in advertising, letters to the editor, or in any articles.

The Pacifcan reserves the right to edit all submitted materials for length, factual information, libel, and clarity. All letters to the editor must have a verifiable signature, address, phone number, and email address.



A customer in Colorado makes the first legal marijuana purchase more than 75 years after federal prohibition.

Weed won the West

Marijuana now legal in two states

Elizabeth Harman  
STAFF WRITER

One of the most talked about laws of 2014 is that of Colorado's legalization of marijuana.

This smokeable, drinkable and edible drug has been credited to help with various conditions, such as anorexia, anxiety, pain-related illnesses and even obesity.

California's state law requires marijuana card holders to present proof of their health disorder(s) prior to obtaining their card, but in Colorado, no prior justification is needed.

Smoking or ingesting weed is now categorized as a legal recreational activity in Colorado. Marijuana is also legal in the state of Washington.

According to ABC News, an estimated \$67 million is expected to contribute to Colorado's tax revenue as "reefer" is now state-regulated and sold. This is due to a 15 percent wholesale tax and 10 percent levy on

transaction costs.

For merchants who do not have the necessary paperwork and fees paid, they can be arrested and face large fines.

From a consumer standpoint, some people believe the price will fall due to standardization.

In addition, legality should create more competitive pricing. However, the opposite data is surfacing.

A prevailing \$400 per ounce price has blanketed the market, double that of the price of high-quality weed on the black market, according to Narcotic News.

Some Americans are concerned that while marijuana is illegal, our already overcrowded jails and prisons will continue to be filled with non-violent offenders; thus, violent offenders are often released early to make space for new inmates.

Taxpayers subsidize incarceration, so the money used to imprison marijuana offenders come directly out

of taxpayers' pockets.

Families are often denied access to these individuals, and there is added insult to the injury when a productive citizen of the community is kept under lock and key.

Many Americans believe that officers of the law should focus on the safety of the community instead of cracking down on marijuana users.

If most marijuana drug offenders are not hurting people, then the police should be paying attention to much more dangerous people, such as rapists and sex offenders.

However, some Colorado officials expressed their concern that more people may feel comfortable driving high, which poses huge risks for pedestrians and other drivers. Colorado's groundbreaking law has not been in effect long enough to judge how this issue will play out.

LEGAL POT  
CONTINUED ON PAGE 7



Publications with Purpose

This stamp signifies The Pacifcan's pledge to improve literacy rates by donating a percentage of advertising sales each week to local and international organizations focusing on education in resource poor areas. To join our efforts or to advertise with The Pacifcan, please contact pacificanads@pacific.edu.





*What's your New Year's resolutions, and have you stuck with it so far?*

"My New Year's resolution is to procrastinate less. I think I've been making progress on it, but I can still improve."

**@Alyssa Namba,**  
C.O. 2015

"I don't make New Year's resolutions because I can never keep them."

**@Virginia Tan,**  
C.O. 2017

"I don't have a New Year's resolution. I'm a very self aware individual, so I strive everyday to simply do better and be better. I do by pushing my boundaries daily."

**@Hiram Jamison IV,**  
C.O. 2015

"My New Year's resolutions were to keep a journal in order to save memories, take a photo a day, get active and healthy by doing crossfit, and get into grad school. I've kept them all so far, and I plan to keep it that way."

**@Courtney Chaffin,**  
C.O. 2014

"My New Year's resolution was to not get pissed off at people who were taking up the treadmills at Baun Fitness Center, and I'm currently doing terribly."

**@Lexi James,**  
C.O. 2014

"I don't necessarily have a resolution. I make a bucket list for the year. So far, I've bought tickets for Disneyland, and also on my list was to not go to the hospital...I've only gotten hurt once."

**@Lauren Gius**  
C.O. 2015



Chicago Now

# Sacramento becoming king(s) of sports technology landscape

**Ruben Dominguez**  
EDITOR-IN-CHIEF

When Vivek Ranadive bought the Sacramento Kings last May, he promised to bring innovation and success to a franchise in need of a revival.

While the Kings are beginning to pick up steam on the court, the team made a pair of announcements capable of putting Sacramento and its surrounding cities at the front of the line to the future.

Last week, it was announced the Kings would become the first professional sports team in history to accept Bitcoin as virtual currency.

Beginning March 1, fans will be able to purchase tickets and items in the team store with digital cash.

A Bombay (now Mumbai), India native, Ranadive, whose children would attend games and ask why the team didn't accept Bitcoin, made his fortune in the technology world. The founder of TIBCO Software Inc., Ranadive recognizes the potential of this digital currency.

"When I sold the NBA on keeping the team in Sacramento, my pitch included using the sports franchise as a social network to push the technology envelope. This is an example of that," Ranadive explained to ESPN.

Bitcoin itself has rapidly expanded since its birth five years ago. Currently maintaining a market value of around \$11 billion, one Bitcoin is worth approximately \$850.

Earlier this month, Overstock.com became the first major retailer to accept Bitcoin.

Ranadive and his new team did not stop with digital currency. Just three days after the Bitcoin revelation, the Kings announced that the team will become the first professional sports team to stream a game via Google Glass.

Used by Stanford's football team last season and by the NBA during the last draft, Google Glass puts millions of people right in the eye of the wearer, like an optical version of a Go-Pro camera.

Partnering with CrowdOptic, the Kings will use Google Glass to stream

video of the team's Jan. 24 home game against the Indiana Pacers from the point of view of the players (outside of in-game action), cheerleaders and

**KINGS OF TECHNOLOGY**  
CONTINUED ON PAGE 8



**Rocky Widner/Getty Images**  
Sacramento Kings majority owner and technology tycoon Vivek Ranadive (above) is changing the landscape of the NBA.

## Helpful tips to staying on track this year

**STUDY HABITS**  
CONTINUED FROM PAGE 5

and write down all your assignments and deadlines. Listen for key statements from your professor, such as "It would be a good idea to check out chapter 3 before coming to class," or "You might want to review that packet I handed out last week," because it will help prepare you for the next class. If you don't have a physical planner, you can cautiously use an app on a cell phone for the same purpose. Remember that some professors won't allow cell phones in their class, so there may be a delay between hearing assignments and getting them down. However, many planner-like apps have options to set reminders to keep you on schedule.

-Make to-do lists. Feel free to organize it by class, time commitment, priority or as an ideal schedule for that day. Don't spend too much time writing the list, although it should be thorough and complete. Check your planner at this stage! Some people find it helpful to jot down an estimate of the time each

step will take, or they divide big projects into smaller, checkable lines.

-Limit technology while you study. If possible, power down your phone. If you like to use it as a watch, timer or music player, just put it in airplane mode. This will help you focus and avoid the distractions of texting and social media. If your work requires you to use a computer, close or minimize your tabs for Facebook, Tumblr and other distracting sites. You can even turn off your WiFi connection while typing a paper that you have done the research for already. The idea is to cut out distractions that are counter-productive to a study session.

-Be flexible. Schedules and time management don't always go as planned, so it is important to be able to work around unexpected obstacles. Exercising your flexibility might include changing your study location, the time you start, or how long you can study in peace.

-Take effective class notes. Develop a system of in-class note taking that works for you. Some people find it helpful to have a notebook devoted to each class, or they

write all class their notes in a certain color to keep them differentiated. Take notes on big ideas and themes of the subject, and jot down quick notes to explain what you are not familiar with. If an outline format works for you, use it. If bullet points work best, try to look over them later for an organizational pattern. In general, handwrite your notes. Likehacker.com has multiple articles about why this is, but it helps you to absorb the material better, and you are able to physically interact with your notes.

-Take notes while studying. Do not limit your notes to recording lectures in the classroom only, for teachers often want students to incorporate material from the class' assigned texts in their tests and essays. Consider typing handwritten notes or writing typed notes by hand, for repetition is essential to memorization. Furthermore, when you are assigned a text, take notes on what you think is interesting or relevant to your course. Most textbooks are easily outlined, using headings and bolding important terms. In most classes, textbook notes should roughly match

up to class notes, so look for similarities and differences.

Pacific student Josh Arreola '16 provides his own successful study tips as follows:

-Chew some gum when you study. Then, when a test comes along, chew the same flavor of gum. Apparently, your brain can remember more information this way because it remembers the flavor.

-Listen to music when you study. It helps you concentrate, especially classical music.

-Space out your studying. Cramming everything in at the last minute doesn't help at all. Your brain can only hold so much information. Instead, after class, take about 10 to 15 minutes to review the notes you took in class. Also, every day, study each class you have for around 20 minutes. This way, you won't have to cram when a test comes along.

-Finally, studies have shown the most effective way to study is to study material for half an hour, and then take a solid 10 minute break, then go back to studying. This way, your brain gets a chance to relax."



# Black vs Orange

Topic of the week:

PRO

## New residence halls

CON

**Jamil Burns**  
OPINION EDITOR

As many have noticed, there has been construction work happening on Dave Brubeck Way across from Southwest Residence Hall. To some, this came as a surprise - coming back from winter break to see two entire apartment complexes demolished. Yet, the residents of the apartments knew what was coming.

Having lived in one of the apartments on Dave Brubeck Way, I know first hand that they are, for the most part, not the most well-kept apartments in the world. The Drake apartment complex, though a huge part of campus life, was outdated.

Pacific made the decision to purchase both properties in order to build residence halls for expanded student housing. By the looks of things, it seems like it should be built by the end of the year.

This will prove beneficial to the university as a whole for a variety of reasons. For one, Pacific will continue to be allowed to accept more students. The university has the space and the resources to expand its growth, but there needs to be room for the students to live, especially freshmen and sophomores, who are required to live on campus. Additionally, the truth of the matter is that many of the current residence halls ought to be updated and modernized. This new addition to residence halls will serve as a way for this to continue.

The new residence hall will be safer than the apartments before it, and it will maintain the feeling of living just off of campus. On top of that, it will be the closest residence hall to S-Mart Foods for late night cravings when 10:30 p.m. hits and the Grove closes. This new addition to the school seems like a no-brainer.

**Nanxi Tang**  
NEWS EDITOR

At the beginning of this school year, Cowell Hall, McConchie Hall and Manor Hall were permanently closed as residential facilities. During the 2012-2013 school year, Wemyss Hall was closed and then reopened this school year as residential housing for incoming students.

All this evidence begs the question: Why spend all the money and time to build more housing when we already have so much available with unused space?

Although I agree with the decision to demolish the Drake Apartments, due to a potential health hazard, it seems like a waste of resources to use the land to build more unnecessary student housing.

Safety is another potential concern when it comes to the new residence halls. Before this renovation, the apartments on Dave Brubeck

Way (across from Southwest Hall) were considered off campus.

Living off campus comes with safety concerns, such as walking to your car and potential auto theft and break-ins. Those who must constantly cross the street expose themselves to a variety of potential hazards, such as drunk drivers.

Even those who live on Dave Brubeck Way, which is located just outside of the campus, encounter safety issues. So, the students who will live in the new residence halls would face more potential safety concerns than those in traditional residential facilities on campus.

A solution to our housing problem could involve the reopening of Cowell Hall (located right above Public Safety), which would provide the necessary student housing while keeping students' safety in mind.

## What's next for legal marijuana in the United States?

**LEGAL POT**  
CONTINUED FROM PAGE 5

Despite prohibitive laws dating back to the 1850s, people have been smoking marijuana whether or not it was against the law, according to Harper's Magazine. State taxes and marijuana's legality is hoped to provide a more standardized, safe product.

The process of growing marijuana can now be openly scrutinized and regulated as can the selling procedure, such as reducing sales to minors, akin to tobacco sales.

Where this legal drug is grown certainly matters. The alternative to home-grown marijuana is outsourcing

it to other states, but then anyone who tries it will risk prosecution for smuggling or drug trafficking.

However, because marijuana is now legal in Colorado, people can grow the substance within state lines and make an honest living during a time of high unemployment.

Unfortunately, the federal government's warning to Colorado remains overarching. The Feds are allowing the "experiment" for now even though it counters national law, according to MoxNews.

However, if more teenagers start to use marijuana and drug cartels begin to gain more power, producers will get shut down.



Marijuana (pictured) is now legal to buy and sell in Colorado.

Raul Arboleda/AFP/Getty Images



# Sacramento Kings to begin utilizing Bitcoin, Google Glass

KINGS OF TECHNOLOGY  
CONTINUED FROM PAGE 6

announcers.

These enhancements come eight months after Ranadive led an ownership group and came to an agreement to buy the Kings for a record \$534 million price. Prior to Ranadive, the Kings were owned by the Maloof family, who, after losing a majority of their casino and beer fortune, held the franchise back in order to force an ownership sale and reap a reward they did not deserve.

After several failed attempts at negotiating a new arena in Sacramento and botched sales to groups that would have moved the team to places such as Anaheim, Virginia Beach and Seattle, the Maloofs were finally forced to sell to Ranadive, who suddenly found himself running one of the worst, behind-the-times teams in professional sports.

Obviously, there are some

inherent concerns with this seemingly massive leap of faith by the Kings. Bitcoin is not a physical currency; therefore, they are more at-risk for theft. Google Glass might appear unsafe or too invasive as well. Both inventions could potentially join the ranks of DIVX, QR codes and Laserdisc as technological innovations that flopped massively.

However, this technology tycoon might be onto something. Bitcoin has proved it can hang around for at least a little while. Ranadive made it a personal goal of his to create a ticketless, walletless experience at Kings games, and Bitcoin's increasing popularity is a positive step in that direction.

Google Glass has proven to be an innovative and cool device, and the potential for a more fuller experience at sporting events even has the NBA itself looking for more. Also, Ranadive made his career in this field, so he



The Sacramento Kings will become the first professional sports team to stream live via Google Glass (pictured right) during the team's home game against the Indiana Pacers on Friday, Jan. 24.

Rocky Widner/Getty Images

knows what he's doing.

Outside of a few good years and a title stolen by the officials, the Kings has been one of the poorer, conservative franchises in sports for the majority of the millennium.

In less than a year, Ranadive has already moved the Kings back into the light. On the court, the Kings are getting much better - becoming exciting and recognizable again.

Off the court, the Kings

have established themselves, shockingly, as one of the most progressive franchises in sports.

If this is what happens in the first year, then the Kings just may be entering a new time of glory days.

# NEED A JOB? WORK FOR US!

**THE PACIFICAN IS HIRING  
FOR SPRING OF 2014**

**PAID POSITIONS:  
LAYOUT EDITOR AND  
SOCIAL MEDIA COORDINATOR**

**EMAIL  
PACIFICANEDITORS@PACIFIC.EDU**

**OR GO TO  
THEPACIFICAN.COM**

**FOR MORE INFORMATION!**



# LIFESTYLES

## Don't miss out on the seven best snowboard and ski resorts in Nor Cal!

Jenna Graves  
LIFESTYLES EDITOR

It's that time of year again that we seem to always look forward to: I'm talking to you snowboarders and skiers! We are ready to hit the best slopes in Northern California, but because of global warming, we patiently wait for storms to improve the weather conditions. Until then, here are some places to keep in mind when planning your next trip - whether it be for beginners, challenging for experts, or terrain parks for the truly adventurous:

1. Kirkwood Mountain seems to be the place for snowboarders to have access to just about the entire mountain, including a freestyle park with quarter-pipes, tabletop jumps, a snake jump and a large spine jump, which means a good time for a park boarder. Every mountain terrain could want bowls, cornices, saddles, chutes, glades and conveniently, some flats for beginners. Their helpful services include luxurious condos, pleasing food services, and not to mention the high-quality, user-friendly skiing and snowboarding lessons for those brave beginners. It is tricky driving over the high passes, but it is worth the drive! For more information about Kirkwood, visit their website at [kirkwood.com/resort](http://kirkwood.com/resort).

2. Mammoth Mountain lives up to its name in a big way: It is known for the highest elevation of any ski resort in California. The 11,053-foot elevation makes for dry snow conditions and awesome scenery, with killer views west toward the Yosemite high country and east out over the entire Owens Val-



Kirkwood Mountain Resort gives vacationers a fantastic scene.

Flipkey

ley. It's primarily a destination for Los Angeles skiers who can blast north up Highway 395. It's a challenging drive from Northern California, but the slopes are definitely worth it. For more information about Mammoth Mountain, visit their website at [mammothmountainvacations.com](http://mammothmountainvacations.com).

3. Whether you are experienced or have never gone snowboarding in your life, Sierra at Tahoe is the place to go for vast beginner terrain, with a series of wide and undulating runs, three playgrounds for snowboarders and skiers, a large half-pipe, and a snow-play area all at an elevation of 8,852 feet. At the highest peak is Huckleberry Mountain, where challenging advanced runs cascade down the front and intermediate and beginner runs fan out from the back. On the summit, there's a world-class vista of Lake Tahoe from a large day lodge. For more information about Sierra at Tahoe, visit their website at [sierraattahoe.com](http://sierraattahoe.com).

4. Northstar at Tahoe has a wide selection of advanced runs, but unfortunately, you won't find much double-black action here. The main draws are long, steep runs with easy high-speed lifts, which keep lines moving quickly, so the more you get to board. Snowboarding facilities are extensive, ranging from full-on half-pipe action to a terrain park designed especially for the little tikes. For more information about Northstar, visit their website at [northstarcalifornia.com](http://northstarcalifornia.com).

5. When dealing with such scarce snowfall these days, Heavenly, Lake Tahoe is a smart go-to resort. It has the largest snowmaking systems in North America that guarantees good coverage even with insufficient conditions. Heavenly is the only western ski area to straddle two states, California and

SNOWBOARD/SKI  
CONTINUED ON PAGE 12



Timeshare-Resale

Skiers enjoying the slopes in Heavenly, Lake Tahoe - not to mention a breathtaking view.



Snowboardermag

A snowboarder in Mammoth backsliding a pipe rail.

### Upcoming Student Events

Thursday, 1/23

Exhibit: Goines Posters: 1968

- 2013

9 A.M. AT THE REYNOLDS GALLERY

Lunch Behind The Lair: Chat with the Chaplains

NOON AT THE DEROSA UNIVERSITY CENTER

Take 5 Jazz at the Brew

7 P.M. AT THE VALLEY BREWING COMPANY

Friday, 1/24

Exhibit: Goines Posters: 1968

- 2013

9 A.M. AT THE REYNOLDS GALLERY

Master Class with world-renowned pianist Jon Nakamatsu

5 P.M. AT THE RECITAL HALL

Saturday, 1/25

Sacramento MCLE

8:30 A.M. AT THE LECTURE HALL

Pacific Club Sports - Men's Club Volleyball Home Game

Against UC Davis

11 A.M. AT THE JANSSEN LAGORIO GYM

Tiger Escapes - Snowshoeing/Tubing

MEETING AT THE BAUN FITNESS CENTER

Sunday, 1/26

11th Annual Student Financial Aid and College Awareness

Workshop

8 A.M. - 2 P.M. AT THE ALEX G. SPANOS CENTER

Student Recital Series - Yasha Yakhnis, piano

7:30 P.M. AT THE RECITAL HALL

Pacific Club Sports - Men's Club Volleyball Home Game

Against University of Nevada

Reno

11 A.M. AT THE JANSSEN LAGORIO GYM

### ..... Movies This Week

Thursday, 1/23

"Cloudy with a Chance of Meatballs 2"

Friday, 1/24

"Cloudy with a Chance of Meatballs 2"

Saturday, 1/25

"Cloudy with a Chance of Meatballs 2"



# How to keep your New Year's resolutions going strong



Is your New Year's resolution on this list?

Skeptoid

**Hannan Hawari**  
CONTRIBUTING WRITER

The start of a new year can mean renewed motivation to achieve new goals (and old ones that you say you'll accomplish every year); however, according to Reuters, more than 35 percent of people break their resolutions by the end of January.

So, what can students do to make those resolutions a reality? The best way to achieve your goals is to understand what may be preventing you from attaining them and learn

how to defy those setbacks. In general, you should focus on choosing two or three main goals that you can accomplish. You should also keep a list of goals where you can see them as a daily reminder; for example, in your planner or on your phone.

One of the most common resolutions is to maintain a healthy diet, but most people don't improve their habits because they think a healthy diet means that they can't eat what they like. So, make a meal schedule for the week.

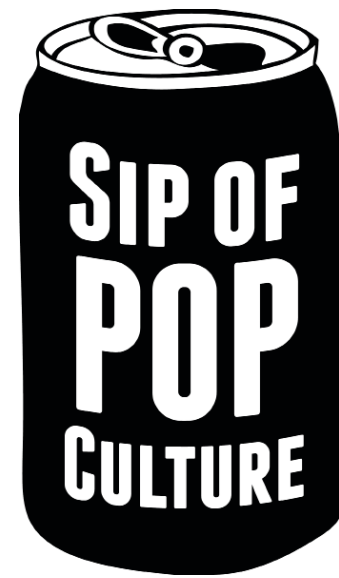
Try swapping a few unhealthy choices with healthier options two

or three days a week while still keeping some of your favorite foods on the menu. For example, if you eat pizza and cookies for lunch, you can swap the pizza for a sandwich, but then you can reward yourself with a small portion of the dessert you like. You can write down the meal schedule or you can even download an app to record your meal plan on your smartphone, and make sure you checkmark each successful meal.

Along with healthy eating comes the need to maintain a successful fitness routine. Sometimes, people fall through because they don't set a specific gym routine, or they lack motivation. Set a realistic gym schedule. For example, try going to the gym two days a week for 30 minutes. You could even split up the time between two activities, such as cardio and cycling. Going with a friend can make the workout more fun and motivational.

Think of going to the gym in a more positive way as a study break or as a reward for yourself while you unwind with your favorite music after a long day. If you would like to take things to the next level, you can even download the Gym-Pact app on your phone, which automatically logs how many times you go to the

NEW YEAR'S RESOLUTIONS  
CONTINUED ON PAGE 12



**Drew Jones**  
SPORTS EDITOR

As many have seen in the news the past couple of days, there are two new teams heading to the Super Bowl in two weeks on Sunday, Feb. 2.

The Denver Broncos took the championship title for the American Football Conference (AFC), and the Seattle Seahawks dominated in the National Football Conference (NFC).

The Seahawks' NFC championship title is just their second in franchise history, but that was greatly overshadowed by an interview that took place after the game.

Seahawks cornerback Richard Sherman was interviewed by Erin Andrews on Fox Sports, and he was very vocal, taking the nation by surprise.

In essentially the last play of the game, Sherman deflected a pass, causing an interception, which was meant for San Francisco 49ers wide receiver Michael Crabtree.

In his interview, Sherman yelled at Andrews: "I'm the best corner in the game!" Then, Sherman faced the camera and shouted: "When you try me with a sorry receiver like Crabtree, that's the result you're going to get. Don't you ever talk about me. Don't you open your mouth about the best, or I'll shut it for you real quick."

Sherman's exclamations caused great controversy—blowing up the news and social media sites.

Some fans even tweeted that they were going to root for the Broncos in the Super Bowl due to Sherman's statements.

After all, Sherman did just get a berth into one of the biggest athletic events of the year.



**Bleacher Report**

Richard Sherman (left) made Erin Andrews (far right) confused during the postgame interview.

DINE LOCAL!

5th Annual

## STOCKTON RESTAURANT WEEK: 2014

JANUARY 17-26

Share your meals with us  
and win at @visitstockton!  
#srwchallenge

/stockton.restaurant.week

stocktonrestaurantweek.com

Brought to you by: Visit Stockton / 125 Bridge Place, 2nd Floor / 877.778.6258 / visitstockton.org



# "Cloudy with a Chance of Meatballs 2" hits Janet Leigh

**Nanxi Tang**  
NEWS EDITOR

"Cloudy with a Chance of Meatballs 2" is the direct sequel to the 2009 animated comedy film "Cloudy with a Chance of Meatballs."

Both films focus on the adventures of Flint Lockwood, a young man with aspirations of becoming a scientist ever since he was a young boy. However, his inventions, such as spray-on shoes, rat birds, and "hair-un-balder" all end in failure.

The original movie focused on Lockwood's invention following the closing of the town's cannery called the "Flint Lockwood Diatonic Super Mutating Dynamic Food Replicator," also known as FLDSMDFR for short. Lockwood's creation affects

the clouds - essentially causing it to rain various foods, such as ice cream and cheeseburgers.

Lockwood's invention also brings in revenue through "food tourism" and provides the townspeople with an increased variety of food choices. The town, originally titled Swallow Falls in the book, is renamed Chewandswallow.

However, as time goes on, the food begins to mutate and grow bigger, culminating in a massive food storm of spaghetti and meatballs. Eventually, with the help of his father, Tim, and a weather intern named Samantha (Sam for short), Lockwood is able to stop the avalanche of food before it destroys the town.

The second movie continues right where the first one left off. With the island of Chewandswallow covered

in food particles, Chester V is assigned to clean the mess and send the citizens of Chewandswallow to San Franjose for the time being.

However, in reality, Chester V has an ulterior motive: to find the FLDSMDFR that survived the explosion in the first movie. On the island, Chester V encounters monstrous food animals ("foodimals") that the FLDSMDFR has been creating; there are even cheeseburgers that are learning how to swim. Chester V tasks Lockwood with the mission to find and destroy the FLDSMDFR for good.

Although intended for a younger audience, "Cloudy with a Chance of Meatballs 2" engages all ages with its humorous characters, captivating visuals and brilliant animation. It is a worthy sequel to the original film.



IMDB

## Austin Lenz: *The Spice of Life*

**Danica Torchin**  
STAFF WRITER

There is an iconic saying that variety is the spice of life, and I would argue that Austin Lenz '15 brings that spice to a whole new level. Lenz' loud, effervescent personality matches his style to a tee. Lenz prides himself on picking a look that is right in front of him - stating he's "too spontaneous for inspiration." Being at University of the Pacific has helped his wardrobe mature. Now, instead of wearing sweatpants, Lenz dresses for work in the DeRosa University Center and Pacific American Marketing Association's meetings. Lenz cites the emphatically suave Justin Timberlake as a style icon as well as our very own Ehret Fieldhouse '14 and even says that Macklemore "copied my haircut." Some of his must-have pieces are good-looking comfortable shoes, a pea coat or leather jacket to dress an outfit up, as well as a favorite pair of jeans. If it were up to Lenz, he would be immersed in Calvin Klein jackets, 7 For All Mankind Jeans, Sperry Topsider's and Ted Baker dress shirts. While inspiration might not be his forte, the spontaneous nature of his style is what makes Lenz even more spicy.



Danica Torchin

CHECK IT OUT: Men: Pea coat: Double Breasted Pea Coat @ American Eagle. Dress Shoes: Oxford Shoe @ American Eagle. Women: Peacoat: Navy Pea Coat @ American Eagle Dress Shoes: Crocheted Flatt @ American Eagle.

## ALEXIS JAMES: *Beautifully classly*

**Danica Torchin**  
STAFF WRITER

A couple of names in this world are synonymous with simplicity and elegance in fashion: Coco Chanel, Caroline Herrera and Oscar de la Renta, to name a few. Alexis James '15 is one of the few students that I think of when I list the best-dressed at Pacific. James' style is impeccable from her professional wear all the way to her gym outfits. James is inspired by day-to-day activities and utilizes staple pieces, such as pencil skirts, flats and pull-over sweaters. James exudes a classic look that is always neatly put together. I can see why so many students admire James' chic taste, especially when her icons are among the likes of Michelle Obama and Claire Danes. If it were up to James, her closet would be filled



Danica Torchin

with pieces from J. Crew and Anthropologie, and like every stylish girl, a shoe closet complete with rows of Louboutins. Whether she is shopping at J. Crew, Anthropologie, Kate Spade or even lululemon for yoga pants, James pulls off a timeless sophistication - making her name synonymous with style.

CHECK IT OUT: Women: Pencil Skirt: Pencil Skirt in Super 120S @ Jcrew.com. Flats: Emma Ballet Flats @ Jcrew.com. Pull-Over Sweater: Merrino Tippi Sweater @ Jcrew.com.





Keep your resolutions this year

KINGS OF TECHNOLOGY  
CONTINUED FROM PAGE 10

gym by GPS. If you meet your gym goals, it pays you a preset amount, and if you don't, it deducts a small amount from your credit card.

Another resolution that most students struggle with around this time of year is overcoming procrastination. Some students may find it difficult to get back into study mode after a long winter break, or they may find a lack of interest in certain assignments - tempting them to leave things off for later. Pick up a free Tiger Lore planner from ASuop, and map out important due dates on the monthly calendar; on each day, highlight each course name so that you can easily distinguish the assignments. Place the assignments in the order that they are due, and checkmark things off as you go. If you often get distracted, try to create an environment that reduces or eliminates any distractions, such as putting your phone on silent or



Calvin doesn't need resolutions, but you do.

signing off of Facebook. Try using the Premack principle: Organize the tasks you need to accomplish from the least to most desirable, work on the least desirable task first, and then treat the next task as a reward for accomplishing it.

The key to success is maintaining your weekly schedule and rewarding yourself after achieving your daily goal.

Even if you find yourself slipping back into old habits a few times, don't give up. Just go back to your plan, and continue where you left off. Hopefully, by the time next January comes around, you will become someone who will not need resolutions because eventually those small changes in your daily routine will have become positive habits.

Resorts to visit

SNOWBOARD/SKI  
CONTINUED FROM PAGE 9

Nevada, and at an elevation of 10,067 feet, it overlooks the most breathtaking views of Lake Tahoe. It features bowls, glades and ridge tops, but is known primarily as an intermediate skier's mountain. In general, on the Nevada side, skiing is less crowded and snow quality is better. For more information about Heavenly, visit their website at [skiheavenly.com](http://skiheavenly.com).

6. Alpine Meadows has great terrain with reasonable prices - making it a great destination for us skiers and boarders on a tight college budget. Also, with its Shreadows Terrain Parks, which consists of four different parks, Alpine Meadows offers people of all skill levels a wide variety of slopes, jumps and rails to enjoy.

To avoid crowds and find the best powder, you will want to try the backside of the mountain if you enjoy passing through the trees like I do. For more information about Alpine Meadows, visit their website at [skialpine.com](http://skialpine.com).

7. Squaw Valley has remained one of the world's most desired ski destinations. This mega-resort has everything from bunny slopes to some of the gnarliest double blacks in America. Lift tickets are quite pricey, and though lines can be long, it is still what West Coast skiing is all about. There are also chutes, cornices, moguls, half-pipes and flats. For more information about Squaw Valley, visit their website at [squaw.com](http://squaw.com).

Hopefully this gave you a taste of what Northern California has to offer for all the snow lovers out there. Happy boarding and be safe!

### Sudoku Challenge!

Win a **FREE OIL CHANGE** if you are the first person to complete the sudoku challenge on campus! Take a picture of your solved puzzle and tag The Pacifican on one of our social media sites.

Sponsored By

4032 N. EL DORADO STREET STOCKTON, CA 95204

I Got  
**10% OFF**  
My First Oil Change\*  
at Martini's Automotive  
by reading  
**THE PACIFICAN**  
\*\$50.00 Value

This Week's Challenge: **Hard**      Next Week's Challenge: **Very Hard**

	5	1			7		3	
6		7						
					1		5	6
1		5			9			7
2	7						9	4
4			5			3		1
5	4		1					
						8		5
	6		3			9	1	

/ThePacifcan    @ThePacifcan    ThePacifcan

# G.I.V.E.

Groups Involved in Voluntary Efforts

Competition Hours	Total Hours
Hmong Student Association	438
Sigma Chi	245
Phi Epsilon Kappa	238
Alpha Phi	233
Alpha Chi Omega	195

As of 1/13/14



# SPORTS

## Women's basketball opens four-game home stand

*Pacific rebounds from LMU loss to topple Waves in weekend battle*

**Ruben Dominguez**  
EDITOR-IN-CHIEF

The Pacific women's basketball team didn't get off to the best start in its four-game home stand. However, the Tigers rebounded from a tough loss to Loyola Marymount with a 75-64 win over Pepperdine at the Alex G. Spanos Center on Saturday, Jan. 18.

Pacific was paced by Erin Butler '16, who recorded her first career double-double with 14 points and 12 rebounds. Kendall Kenyon '16 led all scorers with 21 points, while Madison Parrish '15 added 14 points. Kiki Moore '14 totalled a complete effort with 11 points, seven rebounds and six assists.

After opening up the Tiger scoring with a three-pointer,

Moore (who scored seven of Pacific's first nine points) banked in a jump shot to tie the score at nine.

The contest remained virtually deadlocked until threes from Butler and Parrish gave the Tigers a 19-15 lead with 7:04 to go. The Waves would respond, using a late 10-2 run to take a 28-25 lead at the half.

Outside shooting brought Pacific back into it to begin the second half. A three-pointer from Parrish made it 34-33 just over three minutes into the half.

However, Pepperdine came back from beyond the arc, using a string of threes to take a 46-42 lead with 11 minutes left to play.

After a pair of baskets from the Tigers, Kenyon put the team on her back, scoring

eight straight points in a span of just a few minutes to put Pacific in front 54-48 with 7:19 left.

Though Pepperdine clawed back within a point, back-to-back threes from Hailie Eackles '16 and Butler spurred the Tigers to hold onto the lead. Pacific held Pepperdine to two baskets in the final three minutes and secured the win.

Pacific improves to 9-9 overall and 4-4 in the WCC, while the Waves crash down to 5-13 overall and just 1-6 in conference play.

The Tigers will continue their home stint with a Saturday duel with Saint Mary's at the Alex G. Spanos Center. Part of a doubleheader with the men's team, the game will tip off on Jan. 25 at 4:30 p.m.



**Athletic Media Relations**  
Kiki Moore '14 (center) finished with 11 points, seven rebounds and six assists against Pepperdine on Saturday.

## Tigers tipped by Gaels in home heartbreaker

**Drew Jones**  
SPORTS EDITOR

Men's basketball lost another heartbreaker to conference foe Saint Mary's in their matchup away from home this past Saturday. The Tigers led by seven at the half, but they could not hold down the fort in the remaining minutes of the game.

Foul trouble diminished Pacific's efforts, leading to their fifth conference loss since their re-emergence in the WCC.

Pacific used the same starting lineup from the previous game, hoping that would help them even the score against the Gaels. The game started out as a tug of war with constant possession changes, but Pacific finally gained a lead with 12 minutes remaining in the first half.

Forward Tony Gill '14 made two free throws, followed by a three-point jump shot to give the Tigers a five-point edge over the Gaels. Forward Trevin Harris '14 posted another three-pointer for Pacific, stretching the lead with nearly 10 minutes to go.

Saint Mary's was making

a gradual comeback, trailing closely behind. With nearly six minutes left, the Gaels put up a three-pointer to come within one; however, the Tigers quickly lashed back with free throws from Gill and Harris as well as a layup from guard Andrew Bock '14 to give them some breathing room.

Guard Sama Taku '14 made a jump shot with less than two minutes remaining the first half, stretching Pacific's lead to 10 points. The final scores in the first half were achieved through free throws made by Harris and guard T.J. Wallace '17. The Tigers led at the half, 38-31.

The Gaels came out with a purpose in the second half - looking to offset the Tigers and take the lead. Pacific maintained their small advantage over Saint Mary's with a layup by center Tim Thomas '14 and a three-pointer by forward Aaron Short '15.

The Gaels tied the game at 43 with less than 15 minutes to go. Taku posted a jump shot to protect Pacific's lead, and Saint Mary's quickly answered back with a three-pointer to take the lead for the

first time in the second half.

However, Taku followed up with another jump shot to steal the advantage back for Pacific, 47-46. The tug of war began, and the ball was sent back and forth on the court.

Pacific would lose their lead for good with nearly 11 minutes remaining. The Tigers trailed closely behind, but the Gaels capitalized on the foul calls and removed players.

Saint Mary's sunk four three-pointers in a row to quiet Pacific's defense and take a 13-point lead. The Tigers gradually diminished the Gaels lead, coming within four points of tying the game with 40 seconds remaining in the game.

Saint Mary's added two points to their lead; Taku attempted a three-pointer to cut their trail in half, but he missed with 20 seconds to go.

Gill forced a layup in the last few seconds of the game, but it was not enough to propel the Tigers above the Gaels. Pacific dropped the decision, 79-73. Notably, Gill led the squad with 16 points and six rebounds.

The Tigers return home on

Thursday, Jan. 23, looking to turn their season around. They host LMU in the Alex G.

Spanos Center at 7 p.m. The game will also be aired live on TheW.tv.



**Tod Fierner**  
Guard Andrew Bock '14 (above) looks for an open teammate as he takes the ball down the court.



# Tigers fall to two ranked teams

**Drew Jones**  
SPORTS EDITOR

Men's volleyball dropped two decisions at No. 11 UCSB and No. 6 UCLA this past weekend. The Tigers recorded their fourth loss of the season and their third straight shut-out loss. Pacific played remarkably close with the highly ranked teams, but they could not come out on top in a set.

Outside hitter Thomas Hodges '17 led the Tigers with a team-high six kills and nine digs in their matchup against UCSB. Four teammates added five kills each, but it was not enough to give Pacific that edge to become victorious in a set. The Tigers gradually made improvements, scoring 17, 19 and 21, respectively, in each set.

Pacific started off strong, playing closely with the Gauchos; however, they were finally caught off guard nearly halfway through the set when the Gauchos reached a five-point lead. The Tigers attempted a comeback, but UCSB had quickly closed out the set, 25-17.

The Tigers trailed closely

behind in the next two sets, but UCSB had done their damage for good and sent Pacific packing. The Tigers headed even further south to visit the Bruins from UCLA - only to return home with another loss under their belts. This game was aired live on the Pac-12 Networks online.

Outside hitter Christian Franceschi '16 set a new high with seven kills against UCLA, and middle blocker Tommy Carmody '14 led the team in blocks - contributing eight.

The Tigers started out in a rough position, with UCLA surging forward and taking a generous lead. They gradually began making a comeback, but the damage was done in the first set. The Bruins quickly closed it out and topped Pacific, 25-19.

Pacific would not score more than 19 points in another set. The Tigers gained their first point on a service error in the start of the second set, but UCLA quickly dominated and maintained their lead. Pacific trailed closely behind and was only down by three points nearly halfway through the set. However, the Bruins

quickly jumped up, scoring nearly seven in a row to put the Tigers away for the second time.

Pacific came out firing in the third set, fighting to move the game into a fourth set. The ball continued going back and forth across the net, and the Tigers were gaining the lead; however, the Bruins trailed closely - tying each point. UCLA took the final lead after a tie at nine and never looked back. Pacific was just two points behind when the Bruins went on a 5-1 run

to take the third and final set, 25-18.

The Tigers fall to 0-2 in conference play and 1-4 overall. They look to turn the season around when they travel to Cal Baptist on Thursday, Jan. 23 at 7 p.m. Pacific returns home on Friday, Jan. 31 to host Cal State Northridge in a Mountain Pacific Sports Federation (MPSF) conference matchup. The first serve will take place in the Alex G. Spanos Center at 7 p.m.



Athletic Media Relations  
Men's volleyball huddles after falling in the first set to UCSB.

## TIGER X SCHEDULE

### Thursday:

6:30-7:15 A.M.  
-- Corefit  
12:05-12:50 P.M.  
-- Yoga  
5:15-6:15 P.M.  
-- Yoga  
5:30-6:15 P.M.  
-- Zumba  
-- Cycle  
6:30-7:20 P.M.  
-- TRX Circuit Training  
6:30-7:30 P.M.  
-- TurboKick  
9-9:45 P.M.  
-- Black Light Cycle

### Friday:

6:30-7:15 A.M.  
-- Cycle  
8:30-9:30 A.M.  
-- Fit and Functional  
12:05-12:50 P.M.  
-- Zumba  
5:05-6:30 P.M.  
-- Yoga  
5:30-6:15 P.M.  
-- Cycle

### Saturday:

11-11:45 A.M.  
-- Cycle

### Sunday:

4-4:50 P.M.  
-- Zumba  
5-6 P.M.  
-- Yoga (WR)

### Monday:

6:30-7:15 A.M.  
-- Cycle  
8:30-9:30 A.M.  
-- Fit and Functional  
12:05-12:50 P.M.  
-- Power Sculpt  
4:30-5:20 P.M.  
-- XplodeZone Boot Camp  
5:05-6:20 P.M.  
-- Yoga  
5:30-6:15 P.M.  
-- Cycle  
6:30-7:30 P.M.  
-- Zumba  
7:45-8:45 P.M.  
-- R.I.P.P.E.D  
9-10 P.M.  
-- Social Dance

### Tuesday:

6:30-7:15 A.M.  
-- Cycle  
12:05-12:50 P.M.  
-- Yoga  
4-5 P.M.  
-- TRX Body Blast Express  
5:30-6:15 P.M.  
-- Cycle  
6:45-7:45 P.M.  
-- Yoga  
8-9 P.M.  
-- Zumba

Visit [go.pacific.edu/rec](http://go.pacific.edu/rec) for schedule updates and class descriptions.

## Swimming drops meet to UC Davis

**Drew Jones**  
SPORTS EDITOR

The swim team hosted their first meet at home since mid-October at the Chris Kjeldsen Pool this past Saturday, Jan. 18. The women's squad faced off against UC Davis in their second to last meet of the season before the conference championship meet. Although the Tigers had a few incredible victories in the water, they could not come up with the overall win against the Aggies.

Pacific looked to offset the Aggies, the reigning conference champions coming into the meet. The Tigers, on the other hand, were jumping in the water for the first time since before winter break.

Although the day was a rough one for the Tigers, they were able to reel off a few outstanding victories. MaryElla Randall '15, Haley Preston '16 and Margaux Verger Gouson '17 rounded up first place wins in their prospective events.

Randall competed in the 50 yard freestyle and sprinted to the finish line, winning by less than one second against sprinters from the Aggies. This was Randall's third victory in this event as she maintained the first place position against Bakersfield and Nevada.

Two events later, Preston flexed her muscles in the 200 yard backstroke; she broke free and touched the wall for the final time nearly two seconds ahead

of her opponents - reaching her third victory of the season as well.

Verger Gouson showed her worth once again and dominated in the pool when she swam the 500 yard freestyle. Gouson came up just second in her other events, but her first place victory in the water would continue her streak of winning at least one event in each meet. Gouson has now posted a win in each of the 10 events the Tigers have competed in this year, a team-best for this season.

Pacific dives back in on Saturday, Jan. 25 when they host UCSB and LMU at the Chris Kjeldsen Pool at 10 a.m.



Athletic Media Relations  
Despite key first-place wins, the women's swim team fell to UC Davis.



**VOTED BEST OF  
SAN JOAQUIN  
2013**

**\$2 OFF**

**ANY MEAL**

INCL FRIES AND DRINK  
SNAP & SHARE THIS AD

**ON THE MIRACLE MILE  
Near the AVE**





Stagg luncheon this Saturday

Drew Jones  
SPORTS EDITOR

The Amos Alonzo Stagg Award of Honor Luncheon will be held this Saturday afternoon in the Grace Covell Dining Hall. The luncheon will recognize three distinguished alumni: Bob Gaughran '57, Luci Lagrimas '86 and Mark Nordquist '68.

The Amos Alonzo Stagg Award of Merit was established in 1981. It recognizes "alumni who participated in athletics at Pacific and achieved distinction in their professional lives through the notable examples of integrity, dedication, idealism, and team spirit that Mr. Stagg personified and to which Pacific is dedicated."

The award was named after Stagg for his contribution to the football program at Pacific. Stagg began coaching at Pacific in 1933 at the tender age of 70 and remained the head coach for 14 years.

Each year, the university recognizes and awards individuals for their success as an alumnus or alumna of Pacific. Gaughran is the first recipient of the award; he was a swimmer and water polo player who broke season and career scoring records. Gaughran's career total of 340 goals is still the remaining school record for water polo. Also, Gaughran was the first aquatic athlete to be inducted into the Pacific

Athletics Hall of Fame back in 1992.

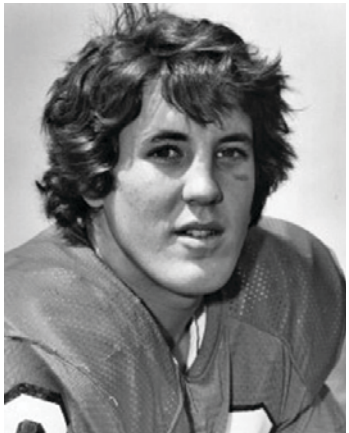
Gaughran went on to do a lot of notable work in conjunction with water polo, such as becoming the first coach of the USA National Water Polo Team and the chairman of USA Olympic Water Polo.

The second recipient is Lagrimas, who played field hockey and is likely the most decorated athlete to graduate from Pacific. Lagrimas was a three-time All-American between 1982 and 1984; she was also named the NorPac Conference Athlete of the Year in 1984. Lagrimas returned to Pacific as an assistant coach to finish her college years and now works as the treasurer of the Northern California Field Hockey Association.

Last, but certainly not least, is the third recipient of the award: Nordquist. Nordquist began playing football at Pacific in 1966, and after graduating in 1968, he was drafted into the NFL by the Philadelphia Eagles. Nordquist had a nine-year career in the NFL and went into entrepreneurship after retiring. Nordquist founded a company that is now the world's largest manufacturer for knee braces.

Tickets for the luncheon are \$40 each and are available by contacting Pam Nogare at 209-946-3945 or at pnogare@pacific.edu.

.....  
**Did you know?**  
**Pete Carroll '73, head coach of the Seattle Seahawks, was a former football player for Pacific. Carroll played in 1971-72.**



Seahawks Media Relations



Getty Images

# Athlete of the Week

## Kendall Kenyon

Women's basketball



Athletics Media Relations

Forward Kendall Kenyon '15 led the Tigers with a game-high 21 points in their game against Pepperdine last Saturday. Kenyon also tallied eight rebounds, silencing the Waves and leading the team to another conference victory. Despite the loss in Thursday's matchup, Kenyon posted her twelfth double-double, with 15 points and 13 rebounds. Kenyon led Pacific in the second half, posting the majority of her rebounds and points in that frame. Kenyon looks to utilize her efforts and start a win streak - beginning with the Tigers' game against Saint Mary's on Saturday, Jan. 25. Notably, this is Kenyon's second time receiving Athlete of the Week honors.

FOR TICKETS, CALL THE PACIFIC BOX OFFICE AT 209-946-2474 OR VISIT PACIFICTIGERS.COM



# Come check out the: **UNIVERSITY LOFTS** ON THE WATERFRONT

Don't get stuck paying  
*through the nose* for  
housing when you can  
live in a resort-style  
hotel room starting at just  
➤ **\$599 a month!** ◀



- ♦ All utilities included
- ♦ Fully-furnished rooms
- ♦ Free scheduled shuttles to campus every half hour
- ♦ 24-hour front desk and security.

**PLUS:** Heated pool and Jacuzzi, courtyard access, and 20% off at our on-site restaurant.

And no meal plan purchase required!!!

**Call to schedule  
a tour today!**

